My Dog Is My Best Friend!

Activity Book

Published by Street Dog Care, Kathmandu. www.streetdogcare.org
I love my dog very much and my dog knows it!

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I often let my dog play with other friendly dogs!
My dog has plenty of toys to play with when I cannot play with him!
I always make sure my dog has shelter from the sun, rain, and cold weather!
I always give my dog plenty of fresh water every day! I make sure his bowl is always full of water!
I always let my dog run around and play in the yard all day!
I always give my dog a blanket to sleep with at night!
I brush my dog often and give him a bath so that he is clean and free from fleas and ticks!
I play with my dog every day! We play catch with the ball, or tug of war, or wrestle, or I take my dog on a walk!
I never hit, kick, or beat my dog...or any other dog!

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Your Dog Can Be A Happy Healthy Dog!

What does me Happy Healthy Dog need?

*A healthy diet of meat, eggs, rice, vegetables, dog food.
*Fresh, clean water that is always available.
*Clean, dry, warm place to sleep such as a dog house or crate.
*A large yard to run and exercise.
*Lots of interaction with people and other dogs.
*Regular vaccinations, dewormings and vet checks.
*To be brought to a vet if sick or injured.
*To be bathed and groomed regularly and kept free from fleas and ticks.
*Lots and Lots of Love!

A Happy Healthy Dog should NEVER be:

* Locked in a cage or kennel all day
* Kept on a short chain all day
* Beaten, hurt, or ill treated
* Left to find its own food
* Left without water
* Left without shelter from the sun, rain, or cold temperatures
* Left alone for more than one day
* Left without social interaction

What will my Happy Healthy Dog do for me?

* Guard your house
* Warn you of danger
* Protect you from danger
* Be your best friend and play with you every day!

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Compassion for all beings means being nice to all animals. Animals can feel pain and sadness, just like people! You should never hurt an animal and should always be nice to them.

Each day of the week, can you list ways that you have been nice to animals?

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Dogs have feelings too!

Dogs, just like people, have feelings and often show their feelings with their facial expressions and body language....dogs can show us if they are happy, sad, frightened, excited, angry, or ill. Below are pictures of dogs and their feelings, can you think of times when you have seen dogs show these feelings?

**Happy**
A happy dog wags his tail! Your pet dog should act this way most of the time!

![Happy Dog](image1.png)

**Playful**
A playful dog will crouch down like this and usually wag his/her tail. They may even spring backwards and forwards in front of you while barking! This means they want to play! Your dog should act like this a lot!

![Playful Dog](image2.png)

**Frightened**
A frightened dog will lower his/her head, tuck their tail between their leg and crouch low to the ground. A dog will do this if someone is being cruel or beating them. Your dog should never act this way.

![Frightened Dog](image3.png)
Angry
An angry dog will hold his tail, body, and head in a straight line with his ears pointed forward or pressed to his/her head, and he/she may crouch down. They will be showing their teeth and may also be growling or barking. This dog may be ready to attack! If you see this happen, you should avoid eye contact and slowly move away, do not run or move quickly!

Thirsty
A thirsty dog will pant and hang his/her tongue out. Sometimes they may even lay on the ground on their side. You should always offer water immediately to a dog acting like this, even if it is a street dog!

Ill
An ill dog will lay down a lot, move slowly, may pant a lot, and may refuse to eat or drink. Sometimes they may be yelping or whining. If your dog is acting in this way you should take him/her to the vet immediately!
Buddha says compassion for all beings. All beings, strong and weak deserve a chance to a happy life! If you see a dog that has a disability, please do not poke fun or make jokes about this dog! Please treat this dog with care and respect. All beings, strong and weak, deserve a chance to a happy life!

Can you list ways you could be nice to these disabled dogs?

_________________ _________________
_________________ _________________
_________________ _________________
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I always give my dog healthy food twice a day! His healthy breakfast and dinner is made of meat, rice, beans, carrots, peas, or dog food!

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Pet dogs and street dogs need healthy food and plenty of water, just like you. Please give your pet dog plenty of the foods listed below, table scraps are not enough to feed your dog! Dogs also need a lot of fresh water, especially during hot weather, please make sure your pet dog’s water bowl is always full!

And when possible, please offer food and water to street dogs!

Can you draw a line from the healthy food names to the matching pictures below?

Meat
Rice
Dahl/Beans
Carrots
Cabbage
Green Beans
Peas
Dog Food
Water

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A pet dog is a member of the family and should be treated as such! Please give your pet dog a name, a clean and warm place to sleep, plenty of attention, and healthy food and water.... and treat your pet dog as you would other family members - with love and kindness!

Can you colour the picture below and list ways you can treat your pet as a family member?

_____________________________________________________________________
_____________________________________________________________________
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suggested answers: play with them daily, hugs, healthy food, be nice, brush, talk to them, et cetera

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Did you know that dogs need a lot of room to run around, play, and get exercise. Please do not keep dogs locked on a chain or inside a cage all day. Just like you would not like to be locked in your room all day, dogs do not like to be locked inside a cage all day!

Can you put an X through the pictures of the sad dogs and circle all the happy dogs?
Did you know that dogs can feel pain just like people? We should always be nice to dogs and never hurt them! Below are things that you would never like to happen to you, so please do not do them to a dog!

Can you look at the picture and fill in the blank of actions that you should never do to a dog?

Do not _________________.

Do not _________________.

Do not _________________.

Do not _________________.

Answers: kick, hit, beat, throw stones, pull tails, beat.

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Dogs, like people, need all sorts of things to keep them happy and healthy. Can you find the words hidden below that describe what dogs need to be healthy and happy?

- water
- chew toys
- collar
- shelter
- shade
- run
- toys
- grooming
- yard
- vaccinations
- friends
- walks
- love
- attention
- play area
- blanked
- dog house
- food
- bath
- vet

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I never leave my dog in a kennel, cage, or on a chain all day!
Storytime!

You are walking home from school and see neighbor kids throwing stones at a street dog. The street dog is crouched low to the ground with her head down and her tail between her legs. Can you write a short story about what you would say to these kids?

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Storytime!

Your friend has a pet dog that is kept inside a small cage all day every day, and sometimes the dog does not have fresh water. Can you write a story about what you would say to your friend about how to keep a Happy Healthy Dog?
Street Dog Care is a community project working to bring medical care to ill and injured street dogs of Kathmandu. If you would like to learn more, volunteer your time, or make a donation, please visit our website: www.streetdogcare.org.

Let us work together to give all beings a better life!